

"Hope" is

the thing with feathers —

That perches in the soul —

And sings the tune

without the words —

And never stops — at all —

So wrote Emily Dickinson, a reclusive poet of the 19<sup>th</sup> century, who spent most of her life as a 'stationary pilgrim'.

I too, along with millions of others, have spent much of this Covid year a stationary, sedentary pilgrim,

living in feathery, tuneful hope,

often without words to express the overwhelming feelings

provoked by the endless sound bites of doom.

But deep in the soul

the spirit of life is vibrantly alive and active and often new shoots of awareness poke their heads above the gloom.

The eye is dazzled by sudden flashes of beauty – in the blue flash of a kingfisher's wings or rain drops glinting on leaf and petal.

A small child, surely not much more than two, bravely propels her pink pint-sized scooter, carefree, around the playground,

while big brother joyously tosses a ball at the netball ring.

Small treasured memories of birdsong replace the roar of traffic and train lifting the heart and bringing a smile to the face.

A friendly local policeman

makes a regular call to ensure that all is well.

And in quiet prayer

the sick and dying and suffering of the world are raised to new life

in the God who creates and re-creates

and gathers up the whole world

in tender and compassionate love.



Time stands still for brief moments, and I am blessed and renewed.

Marie Challacombe SM

